

2019 MSHSL Section 5AA Championships - 5/29/2019 to 5/31/2019 Hamline University, St. Paul, MN

Men - Team Rankings - 18 Events Scored

1) Mounds View 183	2) Blaine 168.50
3) Champlin Park 86	4) St. Michael-Albertville 78
5) Maple Grove 71	6) Osseo 61.50
7) Park Center 52	8) Anoka 49.50
9) Coon Rapids 45	10) Rogers 37
11) Spring Lk Pk/St. Anthony V 30.50	12) Centennial 27.50
13) Totino-Grace 10	13) Irondale 10
15) Fridley 7.50	

Boys 100 Meter Dash

9 Advance: Top 1 Each Heat plus Next 3 Best Times
Meet: M 10.73 2003 Chi Chi Ojika, Irondale
Facility: F 10.53 4/28/2017 Denzel Brown, Eden Prairie
11.01 QUAL
Name Year School Seed Prelims Wind H#

Preliminaries

1	Evan Hull	12	Maple Grove	10.72	11.05Q	NWI	1
2	Michael Olowo	10	Rogers	10.84	11.10Q	NWI	3
3	Brian Obwogi	9	Blaine	11.10	11.29Q	NWI	5
4	Rejiwon Dupree	11	Osseo	11.14	11.35Q	NWI	6
5	Emmanuel Danso	11	Mounds View	11.36	11.40Q	NWI	4
6	Emmanuel Tamba	12	Park Center	11.38	11.57Q	NWI	2
7	Cade Lizotte	12	Champlin Park	11.39	11.45q	NWI	1
8	Ben McNaboe	12	Rogers	11.20	11.46q	NWI	6
9	Nicholas Westphal	10	Maple Grove	11.43	11.53q	NWI	3
10	Michael Shipman	10	Champlin Park	11.42	11.54	NWI	4
11	Avont Shannon	11	Coon Rapids	11.49	11.57	NWI	5
12	David Geebli	9	Coon Rapids	11.66	11.64	NWI	1
13	Pierre Deutschlander	12	Maple Grove	11.43	11.66	NWI	2
14	Daniel Larson	11	Irondale	11.38	11.68	NWI	3
15	Jesse Allen	12	Champlin Park	11.64	11.69	NWI	2
16	Michael Miller	12	Totino-Grace	11.53	11.72	NWI	6
17	Khalid Brooks	11	Osseo	11.61	11.72	NWI	5
18	Tega Oghenekoulega	10	Blaine	11.61	11.74	NWI	4
19	Joshua Lewis	11	Park Center	11.98	11.76	NWI	4
20	Raymond Andrews	11	Park Center	11.62	11.77	NWI	3
21	Amil Clark	10	Columbia Heights	11.78		NWI	2
22	Adam Clausen	11	Spring Lk Pk/St.	11.84	11.79	NWI	5
23	Logan Blesi	10	Anoka	11.97	11.79	NWI	1
24	Isaac Richards	11	Totino-Grace	11.93	11.80	NWI	4
25	Roos Rosambert	12	Spring Lk Pk/St.	11.75	11.80	NWI	2
26	Landen Liu	9	Centennial	11.44	11.81	NWI	1
27	Justin Mishler	10	Anoka	11.95	11.90	NWI	2
28	Ralph Naimah	8	Irondale	11.65	11.91	NWI	1
29	Mike Thomas	11	Irondale	11.79	11.92	NWI	4
30	Yaach Chuol	12	Centennial	11.94	11.94	NWI	3
31	Colby Rajala	11	Blaine	11.51	11.94	NWI	6
32	Mitchell Dickey	11	St. Michael-Albe	11.82	12.01	NWI	6
33	Deezwin Cooper	10	Totino-Grace	12.15	12.03	NWI	5
34	Carlos Gaye	10	Coon Rapids	11.83	12.08	NWI	6
35	Sebastian Kardor	11	Fridley	12.00	12.12	NWI	5
36	Colin Chapman	12	Rogers	12.02	12.14	NWI	2
37	Nicholas Eichelberger	9	Centennial	11.91	12.18	NWI	5
38	Joel Alexander	12	Spring Lk Pk/St.	12.11	12.18	NWI	6
39	Shah Hasan	11	Fridley	11.75	12.19	NWI	3
40	Ryan Hill	11	Mounds View	11.97	12.20	NWI	1

41 Sam Wong 12 Mounds View 12.09 12.27 NWI 3
42 David Berry IV 12 Columbia Heights 12.31 12.43 NWI 4
43 Mason Slag 11 Anoka 12.15 12.56 NWI 6
44 Ethan Peal 12 St. Michael-Albe 10.74 12.72 NWI 2
45 Omarion Richmond 10 Columbia Heights 13.18 13.05 NWI 3
-- David Collins 10 St. Michael-Albe 11.36 DNS NWI 5

Boys 100 Meter Dash

=====
Meet: M 10.73 2003 Chi Chi Ojika, Irondale
Facility: F 10.53 4/28/2017 Denzel Brown, Eden Prairie
11.01 QUAL
Name Year School Prelims Finals Wind Points
=====

Finals

1 Evan Hull 12 Maple Grove 11.05 10.74 QUAL 1.6 12
2 Michael Olowo 10 Rogers 11.10 10.86 QUAL 1.6 10
3 Brian Obwogi 9 Blaine 11.29 10.88 QUAL 1.6 8
4 Rejiwon Dupree 11 Osseo 11.35 11.01 QUAL 1.6 6
5 Cade Lizotte 12 Champlin Park 11.45 11.18 1.6 5 11.171
6 Emmanuel Danso 11 Mounds View 11.40 11.18 1.6 4 11.179
7 Ben McNaboe 12 Rogers 11.46 11.19 1.6 3
8 Nicholas Westphal 10 Maple Grove 11.53 11.51 1.6 2 11.502
9 Emmanuel Tamba 12 Park Center 11.57 11.51 1.6 1 11.506

Boys 200 Meter Dash

=====
9 Advance: Top 1 Each Heat plus Next 4 Best Times
Meet: M 21.62 2003 Antwon Simmons, Mpls North
Facility: F 21.36 4/29/2016 Evan McClellon, Robb Armstrong
22.18 QUAL
Name Year School Seed Prelims Wind H#
=====

Preliminaries

1 Evan Hull 12 Maple Grove 21.85 22.15QUAL NWI 1
2 Michael Olowo 10 Rogers 22.69 22.49Q NWI 4
3 Dominic Feess 12 Park Center 22.20 22.57Q NWI 3
4 Kevin Arthur 12 Champlin Park 22.74 23.04Q NWI 5
5 Varney Conneh 12 Champlin Park 23.10 23.36Q NWI 2
6 Tarnue Kekoura 11 Coon Rapids 23.02 23.12q NWI 3
7 Christopher Frazier 9 Park Center 23.35 23.13q NWI 1
8 Nicholas Westphal 10 Maple Grove 23.54 23.16q NWI 3
9 Landen Liu 9 Centennial 23.61 23.23q NWI 5
10 Daniel Larson 11 Irondale 22.95 23.29 NWI 5
11 Joshua Lewis 11 Park Center 23.40 23.40 NWI 2
12 Nolan Tuomi 10 Spring Lk Pk/St. 23.70 23.44 NWI 1
13 Ted Rogers 12 Spring Lk Pk/St. 23.00 23.52 NWI 4
14 Bobby Moua 11 Mounds View 23.70 23.61 NWI 1
15 Tim Kamara 11 Osseo 23.96 23.63 NWI 4 23.626
15 Cade Downey 10 Blaine 23.44 23.63 NWI 1 23.626
17 Spencer De Souza 12 Coon Rapids 23.50 23.69 NWI 5
18 Ben Huberty 10 St. Michael-Albe 24.42 23.80 NWI 4
19 Michael Miller 12 Totino-Grace 23.75 23.87 NWI 3 23.861
20 Shakiran Williams 11 Coon Rapids 23.82 23.87 NWI 4 23.867
21 Logan Blesi 10 Anoka 24.23 23.96 NWI 1
22 Josh Albers 12 Mounds View 24.15 24.01 NWI 2
23 Melvin Keita 10 Blaine 23.68 24.09 NWI 3
24 Mitchell Dickey 11 St. Michael-Albe 23.86 24.14 NWI 5
25 Ralph Naimah 8 Irondale 23.64 24.20 NWI 4
26 John Acosta 10 Blaine 23.52 24.21 NWI 4
27 Surra Birru 11 Centennial 23.74 24.23 NWI 2
28 Jesse Allen 12 Champlin Park 24.24 24.25 NWI 1

29 Pierre Deutschlander 12 Maple Grove 23.70 24.28 NWI 2
 30 Justin Mishler 10 Anoka 24.70 24.29 NWI 4
 31 Deezwin Cooper 10 Totino-Grace 24.92 24.48 NWI 1
 32 Ben McNaboe 12 Rogers 23.84 24.55 NWI 5
 33 Omaru Jalloh 9 Osseo 24.14 24.72 NWI 3
 34 Nick Ramsay 10 Irondale 24.34 24.74 NWI 3
 35 Martin Zayzay 11 Osseo 24.34 24.83 NWI 2
 36 Michael Ude 10 Fridley 24.74 24.93 NWI 5
 37 David Berry IV 12 Columbia Heights 25.56 25.12 NWI 3
 38 Eathan Betzler 12 Rogers 24.94 25.15 NWI 2
 39 Mason Slag 11 Anoka 24.56 25.25 NWI 5
 40 Adam Collins 11 Mounds View 24.98 25.61 NWI 3
 41 Omarion Richmond 10 Columbia Heights 27.33 27.19 NWI 4
 42 Jonathan Dereje 10 Columbia Heights 29.94 27.45 NWI 5
 -- Joshua Abedu-Bentsi 10 Totino-Grace 25.27 DQ NWI 2 Scratch Rule
 -- Samuel Munson 11 Centennial 25.03 DQ NWI 1 Scratch Rule

Boys 200 Meter Dash

=====
 Meet: M 21.62 2003 Antwon Simmons, Mpls North
 Facility: F 21.36 4/29/2016 Evan McClellon, Robb Armstrong
 22.18 QUAL
 Name Year School Prelims Finals Wind Points
 =====

Finals

1 Michael Olowo 10 Rogers 22.49 21.92 QUAL 3.1 12
 2 Evan Hull 12 Maple Grove 22.15 21.99 QUAL 3.1 10
 3 Dominic Feess 12 Park Center 22.57 22.00 QUAL 3.1 8
 4 Kevin Arthur 12 Champlin Park 23.04 22.53 3.1 6
 5 Landen Liu 9 Centennial 23.23 22.64 3.1 5
 6 Nicholas Westphal 10 Maple Grove 23.16 22.93 3.1 4
 7 Tarnue Kekoura 11 Coon Rapids 23.12 22.97 3.1 3
 8 Christopher Frazie 9 Park Center 23.13 23.05 3.1 2
 9 Varney Conneh 12 Champlin Park 23.36 23.28 3.1 1

Boys 400 Meter Dash

=====
 9 Advance: Top 1 Each Heat plus Next 4 Best Times
 Meet: M 48.50 1984 Richard Harkwell, Totino-Grace
 Facility: F 47.56 6/8/2013 Nathan Roese, East Ridge
 49.65 QUAL
 Name Year School Seed Prelims H#
 =====

Preliminaries

1 Brett Ringer 10 Blaine 50.33 50.02Q 1
 2 Cade Lizotte 12 Champlin Park 50.62 50.34Q 2
 3 Rufus Summerville 12 Osseo 52.04 50.55Q 4
 4 Brandon Langdok 11 St. Michael-Albe 50.81 50.78Q 3
 5 Terry Towah 11 Spring Lk Pk/St. 51.58 51.09Q 5
 6 Abdisa Koji 12 Coon Rapids 52.58 51.01q 2
 7 Bruce Muehlhauser 12 Anoka 51.23 51.03q 4
 8 Sebastian Fernandez 11 Anoka 53.30 51.48q 2
 9 Gavin Spencer 12 Spring Lk Pk/St. 53.09 51.88q 1
 10 Austin Ayobamidele 9 Park Center 53.61 52.32 4 52.312
 11 Bill Pouyo 12 Park Center 51.58 52.32 5 52.315
 12 Surra Birru 11 Centennial 52.84 52.49 3
 13 Ben Fiedler 11 St. Michael-Albe 52.45 52.58 1
 14 Luke Raymon 11 Maple Grove 54.83 52.81 2
 15 Ben Lefebvre 10 St. Michael-Albe 53.79 52.82 4
 16 Peyton Downey 12 Blaine 53.37 52.86 3
 17 Benjamin Pettingell 11 Maple Grove 54.14 53.34 1
 18 Omaru Jalloh 9 Osseo 53.63 53.37 5

19 Wilbur Zannah 12 Coon Rapids 53.89 54.03 3
 20 Omavi Slaughter 12 Park Center 54.79 54.24 2
 21 Tony Towns 10 Fridley 55.81 54.49 2
 22 Sam Wong 12 Mounds View 53.75 54.92 5
 23 Nate Farm 12 Mounds View 55.08 55.12 4
 24 Christopher Castillo 11 Fridley 55.27 55.18 5
 25 Eathan Betzler 12 Rogers 55.44 55.29 5
 26 Sir Richard Lifaka 12 Coon Rapids 54.12 55.44 1
 27 Jackson Okan 10 Centennial 56.68 55.47 5
 28 Luke Heggstad 9 Blaine 55.93 55.48 2
 29 Martin Zayzay 11 Osseo 54.84 55.67 3
 30 Lucas Brue 11 Champlin Park 55.62 55.77 4
 31 Kai Zappa 10 Anoka 56.19 55.93 3
 32 Nick Ramsay 10 Irondale 55.63 56.37 3
 33 Tenzin Shayen 9 Irondale 57.19 56.47 5
 34 Ben Olson 9 Columbia Heights 55.94 56.57 1
 35 Anthony Pratt 11 Rogers 56.76 56.70 4
 36 Eli Smith 12 Rogers 56.07 57.17 1
 37 Adam Collins 11 Mounds View 57.75 57.42 1
 38 Garrett Abou-Zeid 12 Centennial 58.93 57.73 2
 39 Nate Rivera Blackwell 10 Champlin Park 57.31 58.71 3
 40 Randy Reyes 9 Columbia Heights 1:06.74 1:02.59 3
 -- Peter Gartner 10 Maple Grove 56.21 DNS 4
 -- Ethan Doku 10 Irondale 57.32 DNS 1

Boys 400 Meter Dash

Meet: M 48.50 1984 Richard Harkwell, Totino-Grace
 Facility: F 47.56 6/8/2013 Nathan Roese, East Ridge
 49.65 QUAL

Name Year School Prelims Finals Points

Finals

1 Brett Ringer 10 Blaine 50.02 49.85 12
 2 Brandon Langdok 11 St. Michael-Albe 50.78 49.96 10
 3 Cade Lizotte 12 Champlin Park 50.34 50.05 8
 4 Abdisa Koji 12 Coon Rapids 51.01 51.01 6
 5 Terry Towah 11 Spring Lk Pk/St. 51.09 51.46 5
 6 Bruce Muehlhauser 12 Anoka 51.03 51.75 4
 7 Gavin Spencer 12 Spring Lk Pk/St. 51.88 51.83 3
 8 Rufus Summerville 12 Osseo 50.55 52.52 2
 9 Sebastian Fernande 11 Anoka 51.48 53.26 1

Boys 800 Meter Run

12 Advance: Top 3 Each Heat plus Next 3 Best Times

Meet: M 1:53.39 2009 Harun Abda, Fridley
 Facility: F 1:49.69 6/7/2008 Zachary Mellon, Buffalo
 1:55.86 QUAL

Name Year School Seed Prelims H#

Preliminaries

1 Mackinon Mokoro 11 Osseo 1:57.34 1:59.26Q 2
 2 Lukas Hessini 12 Mounds View 1:56.90 2:00.72Q 1
 3 Alec Nelson 11 Mounds View 1:58.44 2:02.33Q 3
 4 Carter Knaus 12 St. Michael-Albe 2:02.73 2:00.40Q 2
 5 Ethan Anderson 12 Rogers 2:04.50 2:00.74Q 1
 6 Alexander Ostaffe 12 Maple Grove 2:02.74 2:02.38Q 3
 7 Bruce Muehlhauser 12 Anoka 2:02.44 2:01.12Q 1
 8 Jacob Dirshel 12 Rogers 2:01.37 2:02.14Q 2
 9 Thomas Glad 11 Rogers 2:06.90 2:02.81Q 3
 10 Gavin Peterson 11 Maple Grove 2:05.25 2:02.00q 1

11 Felix Ongera 9 Irondale 2:08.31 2:02.64q 2
 12 Steve McCoy 12 Mounds View 2:02.90 2:03.85q 3
 13 Nathan Smith 11 Blaine 2:01.81 2:04.09 1
 14 Blake Fuller 10 Anoka 2:06.10 2:04.14 2
 15 Ty Schneider 12 Champlin Park 2:06.90 2:04.23 3
 16 Aidan Thomas 10 Totino-Grace 2:11.36 2:04.57 2
 17 Thomas Ruhland 12 St. Michael-Albe 2:03.68 2:05.65 2
 18 Marshall Loveland 10 Totino-Grace 2:10.57 2:06.34 2
 19 Brendan Smith 10 Spring Lk Pk/St. 2:11.52 2:06.68 3
 20 Henry Brooks 10 Spring Lk Pk/St. 2:10.48 2:07.02 3
 21 Carlos Momsen 11 Irondale 2:12.83 2:07.57 1
 22 Graham Hogle 12 Fridley 2:12.88 2:08.30 1
 23 Jonathan Pattie 9 Centennial 2:11.29 2:08.95 1
 24 Joseph Eisenberg 11 Champlin Park 2:12.74 2:10.25 2
 25 Andre Kemboi 10 Coon Rapids 2:10.31 2:10.58 3
 26 Dylan Bruesehoff 11 Blaine 2:08.34 2:11.32 1
 27 Don Pham 10 Spring Lk Pk/St. 2:09.65 2:11.94 1
 28 Ryan McNamara 11 Osseo 2:14.35 2:13.32 3
 29 Noah Christiansen 11 Coon Rapids 2:12.21 2:13.66 3
 30 Parker Koland 9 Maple Grove 2:13.34 2:13.73 2
 31 Samuel Tionson 12 Blaine 2:15.76 2:14.11 3
 32 Friedrich Doku 11 Irondale 2:16.34 2:14.19 1
 33 Rodolfo Pincon 9 Fridley 2:15.80 2:14.82 2
 34 Gabriel Benton 11 Osseo 2:19.72 2:15.25 3
 35 Joshua Hadzima 10 Totino-Grace 2:25.60 2:15.45 3
 36 Carsen Johnson 11 Centennial 2:18.83 2:15.52 2
 37 Logan Thoreson 12 Centennial 2:17.00 2:15.65 1
 38 Peyton Martinek 8 Coon Rapids 2:20.76 2:15.77 2
 39 Cameron Granner 11 Park Center 2:18.84 2:16.72 3
 40 Eoin Keran 12 Champlin Park 2:10.74 2:17.47 1
 41 Bryant Howard 11 Fridley 2:22.27 2:20.02 2
 42 Francis Peters 10 Park Center 2:22.20 2:20.37 1
 43 Sei Dolomengi 9 Park Center 2:21.01 2:21.58 1
 44 Josh Meinert 12 Anoka 2:10.00 2:22.94 2
 45 Adrian Hemmick 10 Columbia Heights 2:31.13 2:26.84 2
 46 Fuad Hassan 10 Columbia Heights 2:34.65 2:29.30 1
 -- Damon Spearmon 8 Columbia Heights 2:25.38 DQ 3 Scratch Rule
 -- Jackson Tracy 12 St. Michael-Albe 1:59.00 SCR 3 Medical Scratch

Boys 800 Meter Run

=====
 Meet: M 1:53.39 2009 Harun Abda, Fridley
 Facility: F 1:49.69 6/7/2008 Zachary Mellon, Buffalo
 1:55.86 QUAL
 Name Year School Prelims Finals Points
 =====

Finals

1 Lukas Hessini 12 Mounds View 2:00.72 1:57.72 12
 2 Mackinon Mokoro 11 Osseo 1:59.26 1:57.87 10
 3 Alec Nelson 11 Mounds View 2:02.33 1:59.21 8
 4 Carter Knaus 12 St. Michael-Albe 2:00.40 2:01.12 6
 5 Steve McCoy 12 Mounds View 2:03.85 2:03.13 5
 6 Jacob Dirshel 12 Rogers 2:02.14 2:04.80 4
 7 Gavin Peterson 11 Maple Grove 2:02.00 2:05.26 3
 8 Alexander Ostaffe 12 Maple Grove 2:02.38 2:05.52 2
 9 Bruce Muehlhauser 12 Anoka 2:01.12 2:05.59 1
 10 Thomas Glad 11 Rogers 2:02.81 2:08.63
 11 Ethan Anderson 12 Rogers 2:00.74 2:08.86
 12 Felix Ongera 9 Irondale 2:02.64 2:15.27

Boys 1600 Meter Run

=====

Meet: M 4:08.35 2000 Nick Schneider, Benilde - St. Margaret

Facility: F 4:06.54 6/7/2015 Joe Klecker, Hopkins

4:18.25 QUAL

Name Year School Seed Finals H# Points

=====

1	Austin	Streit	12	Mounds View	4:14.05	4:26.53	2	12
2	Elliot	McArthur	8	Mounds View	4:22.40	4:30.13	2	10
3	Ethan	Anderson	12	Rogers	4:32.72	4:33.93	2	8
4	Dontae	Johnson	11	Champlin Park	4:31.46	4:36.63	2	6
5	Clark	Young	11	Maple Grove	4:43.62	4:37.47	2	5
6	Jeffrey	Sandkuhler	12	Irondale	4:40.20	4:38.94	2	4
7	Caden	Nordberg	9	St. Michael-Albe	4:40.82	4:39.21	2	3
8	Thomas	Marrah	12	Centennial	4:39.16	4:39.62	2	2
9	Jonah	Breuer	12	St. Michael-Albe	4:27.41	4:39.88	2	1
10	Cole	Harcey	10	Osseo	4:45.77	4:40.53	2	
11	Connor	Preston	11	Champlin Park	4:36.94	4:41.54	2	
12	Nathan	Moller	12	Mounds View	4:42.38	4:41.57	2	
13	Sergio	Barreto-Esp	11	Blaine	4:45.01	4:42.21	2	
14	Lukas	Peterson	12	St. Michael-Albe	4:42.75	4:42.55	2	
15	Owen	Erickson	10	Spring Lk Pk/St.	4:42.18	4:44.84	2	
16	Thomas	Glad	11	Rogers	4:44.58	4:48.84	2	
17	Leo	Conforti	10	Totino-Grace	4:56.17	4:50.18	1	
18	Christian	Mirabal	11	Anoka	4:51.07	4:53.52	2	
19	Joseph	DeLaria	9	Blaine	5:07.36	4:54.42	1	
20	Tyler	Merrell	10	Irondale	4:52.29	4:56.38	2	
21	Ryan	Behnke-Nead	10	Anoka	5:05.75	4:57.42	1	
22	Reed	Smith	11	Coon Rapids	4:56.35	4:58.33	1	
23	Michael	Yocum	12	Fridley	4:58.59	5:00.91	1	
24	Addison	Wong	9	Maple Grove	4:58.73	5:01.82	1	
25	Cade	Sanvik	7	Osseo	4:58.70	5:02.51	1	
26	James	Frigstad	11	Spring Lk Pk/St.	4:58.88	5:03.12	1	
27	Parker	Koland	9	Maple Grove	4:58.60	5:04.07	1	
28	Joseph	Clauson	11	Rogers	5:17.17	5:04.59	1	
29	George	Gerard	11	Spring Lk Pk/St.	5:01.73	5:05.78	1	
30	Gavin	Kane	9	Blaine	5:03.45	5:06.10	1	
31	Erik	Blossom	11	Centennial	4:53.84	5:07.26	2	
32	Aaron	Taylor	12	Anoka	4:53.83	5:07.28	2	
33	Nathan	O'Neil	12	Coon Rapids	5:01.31	5:07.51	1	
34	Declan	Rodefeld	10	Irondale	5:02.12	5:09.31	1	
35	Abdullahi	Sheikdon	12	Fridley	5:21.33	5:09.48	1	
36	Joshua	Thoen	9	Coon Rapids	4:57.65	5:13.00	1	
37	Joel	Nathe	11	Park Center	5:11.07	5:13.13	1	
38	Elias	Hoff	12	Osseo	5:08.24	5:15.84	1	
39	Joshua	Reed	11	Park Center	5:20.01	5:22.00	1	
40	Mark	Scheller	11	Champlin Park	4:51.74	5:24.85	2	
41	Keaton	Rutz	12	Centennial	5:08.12	5:26.90	1	
42	Angel	Cuate	10	Park Center	5:12.58	5:35.38	1	
43	Linus	Lee	8	Columbia Heights	5:58.23	5:36.29	1	
44	Masien	Portee	11	Fridley	5:32.40	5:38.40	1	
--	Chase	Oates	9	Columbia Heights	4:53.82	DQ	2	Ran Wrong Heat
--	Damon	Spearmon	8	Columbia Heights	5:14.95	DNS	1	

Boys 3200 Meter Run

Meet: M 9:01.00 2000 Nick Schneider, Benilde - St. Margaret

Facility: F 8:57.07 6/7/2013 Obsa Ali, Richfield

9:16.95 QUAL

Name Year School Seed Finals H# Points

=====

1	Finn	Sokolowski	11	Mounds View	9:39.05	9:32.38	2	12
2	Will	Sacay	11	Mounds View	9:39.63	9:36.21	2	10
3	Matt	Miller	10	Mounds View	9:37.32	9:39.64	2	8

4 Nicholas Jacobson 12 Blaine 9:50.97 9:48.33 2 6
 5 Charles Caven 11 Maple Grove 9:47.35 9:50.78 2 5
 6 Connor Preston 11 Champlin Park 9:49.75 9:51.70 2 4
 7 Dontae Johnson 11 Champlin Park 10:00.83 9:55.36 2 3
 8 Lukas Peterson 12 St. Michael-Albe 10:02.64 10:01.82 2 2
 9 Clark Young 11 Maple Grove 10:14.80 10:04.05 2 1
 10 Tyler Anderson 11 Blaine 9:51.41 10:04.13 2
 11 Caden Nordberg 9 St. Michael-Albe 10:02.27 10:07.60 2
 12 Owen Erickson 10 Spring Lk Pk/St. 10:05.27 10:16.41 2
 13 Kyle Swenson 11 St. Michael-Albe 10:12.48 10:17.51 2
 14 Shane Blake 11 Blaine 10:15.68 10:17.79 2
 15 Thomas Marrah 12 Centennial 10:12.95 10:31.73 2
 16 Kalid Danko 9 Irondale 10:39.04 10:43.35 2
 17 Cole Harcey 10 Osseo 10:26.54 10:46.65 2
 18 James Frigstad 11 Spring Lk Pk/St. 10:51.06 10:52.62 1
 19 Ryan Behnke-Nead 10 Anoka 10:43.51 11:00.14 2
 20 Ryan McNamara 11 Osseo 10:56.17 11:01.60 1
 21 Nicholas Jorgenson 12 Coon Rapids 10:49.67 11:01.92 1
 22 Michael Smith 11 Coon Rapids 10:52.43 11:02.96 1
 23 Drew Hjelmstad 10 Maple Grove 10:44.19 11:07.04 2
 24 Reed Smith 11 Coon Rapids 10:55.57 11:07.14 1
 25 Micah Hanson 10 Anoka 11:02.64 11:07.27 1
 26 Elias Peterson 11 Osseo 10:49.96 11:08.19 1
 27 Declan Rodefild 10 Irondale 11:29.37 11:10.22 1
 28 Davin Dahl 11 Spring Lk Pk/St. 11:23.19 11:11.75 1
 29 Aiden Sherer 9 Centennial 11:12.14 11:16.46 1
 30 Zachary Oldroyd 11 Champlin Park 11:05.13 11:20.62 1
 31 Hayden O'Connor 10 Rogers 11:23.39 11:21.80 1
 32 Joel Nathe 11 Park Center 11:03.55 11:22.14 1
 33 Riley Rongere 10 Rogers 11:32.02 11:22.19 1
 34 Thomas Davis 10 Irondale 11:37.68 11:23.62 1
 35 Alexander Skinner 10 Rogers 11:32.07 11:24.75 1
 36 Adrian Hemmick 10 Columbia Heights 11:50.57 11:28.24 1
 37 Sam Wood 12 Centennial 11:17.29 11:30.73 1
 38 Joshua Meinert 12 Anoka 10:59.41 11:35.42 1
 39 Joshua Reed 11 Park Center 11:34.57 11:51.36 1
 40 Adam Johnson 11 Fridley 12:01.64 11:55.86 1
 41 Domnick Williams 8 Columbia Heights 12:27.26 12:16.11 1
 42 Ben Roberts 8 Columbia Heights 13:11.53 13:21.62 1

Boys 110 Meter Hurdles

=====
 9 Advance: Top 1 Each Heat plus Next 4 Best Times
 Meet: M 14.42 6/3/2016 Isaiah Weston, St. Michael-Albe
 Facility: F 13.88 6/8/2012 RJ Alowonle, Park
 14.91 QUAL
 Name Year School Seed Prelims Wind H#
 =====

Preliminaries

1 Spencer Hoium 11 Coon Rapids 14.78 15.04Q NWI 2
 2 Collins Mokuah 11 Osseo 14.98 15.05Q NWI 4
 3 Josh Sampson 12 Mounds View 14.65 15.10Q NWI 1
 4 David Obwaya 12 Blaine 15.07 15.60Q NWI 5 15.596
 5 Alex Mcaloon 11 St. Michael-Albe 15.58 15.94Q NWI 3
 6 Jack Stahnke 12 Blaine 15.23 15.35q NWI 4
 7 Micah Madyun 12 Anoka 15.63 15.60q NWI 1 15.596
 8 Jackson Heckt 12 Anoka 15.94 15.69q NWI 2
 9 Joshua Thomsen 10 Mounds View 14.93 15.95q NWI 3
 10 Adam Namyst 12 Centennial 15.57 15.96 NWI 5
 11 Nkimbeng Nsoh 11 Blaine 15.62 16.02 NWI 2
 12 Huxley Nyabwari 11 Maple Grove 15.82 16.03 NWI 1
 13 Alex Hoglund 11 Centennial 16.48 16.32 NWI 4

14 James Carothers 9 Osseo 16.29 16.56 NWI 5
 15 Tanner Adams 12 Centennial 17.09 16.57 NWI 1
 16 Thomas Litwiller 11 St. Michael-Albe 16.17 16.58 NWI 4
 17 Ben Howlett 10 Mounds View 16.96 16.76 NWI 2
 18 Stephen Menday 12 Coon Rapids 16.94 16.82 NWI 3
 19 Levi Taylor 12 Coon Rapids 17.21 16.86 NWI 1
 20 Francis Chepsiror 10 Spring Lk Pk/St. 17.98 17.10 NWI 3
 21 Habib Munye 10 Park Center 17.49 17.38 NWI 4
 22 Chris Weber 11 Anoka 18.60 17.61 NWI 3
 23 Ray Nyaigoti 11 Maple Grove 17.90 17.72 NWI 5
 24 Frederick Barlue 10 Osseo 18.23 17.93 NWI 1
 25 Adam Gardner 12 Maple Grove 18.12 18.01 NWI 3
 26 Gregory Denzer 11 Fridley 17.31 18.06 NWI 2
 27 Jeremiah Jordan 11 St. Michael-Albe 17.41 18.07 NWI 5
 28 Haven Eliason 12 Champlin Park 18.14 18.13 NWI 2
 29 Evan Teigen 12 Rogers 18.00 18.44 NWI 4
 30 Ryan Getz 11 Rogers 18.59 18.94 NWI 1
 31 Tossy Johnson-Kelly 10 Spring Lk Pk/St. 19.49 19.21 NWI 4
 32 Gabe Voronyak 12 Rogers 19.00 19.39 NWI 2
 33 Kyle Wamstad 9 Park Center 20.64 20.99 NWI 5
 34 Shawntrell Green 8 Columbia Heights 21.22 21.03 NWI 5
 -- Samuel Payne 11 Champlin Park 16.34 DQ NWI 3 Scratch Rule
 -- Tyrique Givance 10 Champlin Park 16.36 DQ NWI 5 Scratch Rule
 -- Mathias Wheeler 8 Columbia Heights DNS NWI 4
 -- Jacob Olivar 10 Park Center 22.43 DNS NWI 3

Boys 110 Meter Hurdles

=====
 Meet: M 14.42 6/3/2016 Isaiah Weston, St. Michael-Albe
 Facility: F 13.88 6/8/2012 RJ Alowonle, Park
 14.91 QUAL

Name Year School Prelims Finals Wind Points
 =====

Finals

1 Josh Sampson 12 Mounds View 15.10 14.14 QUAL 3.9 12
 2 Collins Mokuah 11 Osseo 15.05 14.63 QUAL 3.9 10
 3 David Obwaya 12 Blaine 15.60 14.76 QUAL 3.9 8
 4 Joshua Thomsen 10 Mounds View 15.95 14.77 QUAL 3.9 6
 5 Spencer Hoium 11 Coon Rapids 15.04 14.85 QUAL 3.9 5
 6 Jack Stahnke 12 Blaine 15.35 15.02 3.9 4
 7 Micah Madyun 12 Anoka 15.60 15.21 3.9 3
 8 Jackson Heckt 12 Anoka 15.69 15.27 3.9 2
 9 Alex Mcaloon 11 St. Michael-Albe 15.94 15.32 3.9 1

Boys 300 Meter Hurdles

=====
 9 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet: M 37.80 2009 Snonsio Boys-Weah, ParkCenter

Facility: F 36.59 6/9/2012 RJ Alowonle, Park

39.27 QUAL

Name Year School Seed Prelims H#
 =====

Preliminaries

1 Joshua Thomsen 10 Mounds View 39.08 38.89QUAL 3
 2 Collins Mokuah 11 Osseo 40.27 39.84Q 5
 3 Spencer Hoium 11 Coon Rapids 39.00 40.24Q 2
 4 David Obwaya 12 Blaine 39.12 40.77Q 4
 5 Josh Sampson 12 Mounds View 38.68 41.25Q 1
 6 Jack Stahnke 12 Blaine 40.46 41.24q 2
 7 Adam Namyst 12 Centennial 40.88 41.27q 3
 8 Mike Thomas 11 Irondale 41.93 42.03q 1
 9 William Dampier 11 Champlin Park 43.55 42.52q 4

10 Alex Mcaloon 11 St. Michael-Albe 41.71 42.61 2
 11 Huxley Nyabwari 11 Maple Grove 40.25 42.83 5
 12 Spencer Logan 10 Blaine 42.06 42.87 1
 13 Thomas Litwiller 11 St. Michael-Albe 43.27 43.05 4
 14 Santino Preciado 11 Mounds View 41.72 43.22 4
 15 Haven Eliason 12 Champlin Park 43.35 43.31 5
 16 Tanner Adams 12 Centennial 44.23 43.79 2
 17 Dominic Pizano 10 St. Michael-Albe 44.40 43.88 3
 18 Frederick Barlue 10 Osseo 45.22 44.30 3
 19 Adam Gardner 12 Maple Grove 44.75 44.48 1
 20 Francis Chepsiror 10 Spring Lk Pk/St. 45.39 44.53 5
 21 Daezion Brown 11 Fridley 45.83 44.66 5
 22 Evan Teigen 12 Rogers 46.42 44.82 2
 23 Habib Munye 10 Park Center 44.57 45.09 1
 24 Xavier Thomas 11 Champlin Park 44.81 45.25 2
 25 James Carothers 9 Osseo 47.50 45.26 1
 26 Ray Nyaigoti 11 Maple Grove 46.47 45.84 3
 27 Ryan Gramse 11 Centennial 46.07 45.90 4
 28 David Fluth 11 Irondale 47.42 46.58 2
 29 Andrew Houfek 12 Irondale 47.78 46.73 5
 30 Ryan Getz 11 Rogers 47.63 46.74 1
 31 Chris Weber 11 Anoka 48.30 46.83 4
 32 Tossy Johnson-Kelly 10 Spring Lk Pk/St. 47.64 47.00 4
 33 Caleb Chesser 10 Coon Rapids 45.21 48.01 4
 34 Gregory Denzer 11 Fridley 46.24 48.39 3
 35 Kyle Wamstad 9 Park Center 50.40 49.51 3
 36 Shawntrell Green 8 Columbia Heights 54.22 51.58 1
 -- Gabe Voronyak 12 Rogers 47.91 DQ 5 Finished Wrong Lane
 -- Stephen Menday 12 Coon Rapids 42.87 DQ 3 Interference

Boys 300 Meter Hurdles

=====
 Meet: M 37.80 2009 Snonsio Boys-Weah, ParkCenter
 Facility: F 36.59 6/9/2012 RJ Alowonle, Park
 39.27 QUAL
 Name Year School Prelims Finals Points
 =====

Finals

1 Joshua Thomsen 10 Mounds View 38.89 38.54 QUAL 12
 2 Josh Sampson 12 Mounds View 41.25 38.71 QUAL 10
 3 Collins Mokuah 11 Osseo 39.84 39.42 8
 4 David Obwaya 12 Blaine 40.77 39.84 6
 5 Spencer Hoium 11 Coon Rapids 40.24 40.24 5
 6 Jack Stahnke 12 Blaine 41.24 41.72 4
 7 Adam Namyst 12 Centennial 41.27 42.55 3
 8 Mike Thomas 11 Irondale 42.03 43.41 2
 -- William Dampier 11 Champlin Park 42.52 DNF

Boys 4x100 Meter Relay

=====
 Meet: M 42.02 6/1/2018 St. Michael-Albertville, St. Michael-Albe
 B Langdok, E Peal, X Thurman, M Kartes
 Facility: F 41.35 4/26/2019 Hopkins, Hopkins
 T Bennett, J Champion, G Jackson, J Fahnbulleh
 43.09 QUAL
 School Seed Finals H# Points
 =====

1 Champlin Park 43.83 42.88 QUAL 2 12
 1) Michael Shipman 10 2) Edmund Ocansey 10
 3) Varney Conneh 12 4) Kevin Arthur 12
 2 Blaine 43.83 43.36 2 10
 1) Cade Downey 10 2) Alex Peters 12

3) Peyton Downey 12 4) Brian Obwogi 9
 3 Maple Grove 43.37 43.68 2 8
 1) Luke Raymon 11 2) Nicholas Westphal 10
 3) Pierre Deutschlander 12 4) Evan Hull 12
 4 Osseo 43.60 43.75 2 6
 1) Khalid Brooks 11 2) Rufus Summerville 12
 3) Rejiwon Dupree 11 4) Joshua Massaquoi 10
 5 Park Center 43.40 43.78 2 5
 1) Raymond Andrews 11 2) Christopher Frazier 9
 3) Emmanuel Tamba 12 4) Dominic Feess 12
 6 Spring Lk Pk/St. Anthony Villa 44.65 44.33 2 4
 1) Joshua Lown 9 2) Adam Clausen 11
 3) Nolan Tuomi 10 4) Ted Rogers 12
 7 St. Michael-Albertville 44.24 44.85 2 3
 1) Opie Johnson 10 2) Mitchell Dickey 11
 3) Ethan Briggs 12 4) Ben Huberty 10
 8 Coon Rapids 45.52 45.22 1 2
 1) David Geebli 9 2) Avont Shannon 11
 3) Carlos Gaye 10 4) Spencer De Souza 12
 9 Totino-Grace 45.20 45.42 1 1
 1) Deezwin Cooper 10 2) Isaac Richards 11
 3) Andre Bradford 10 4) Michael Miller 12
 10 Fridley 45.20 45.72 2
 1) Sebastian Kardor 11 2) Brent Balla 11
 3) Shah Hasan 11 4) Tony Towns 10
 11 Irondale 46.31 47.13 1
 1) Juriad Hughes 7 2) Kato Semakula 9
 3) Tenzin Shayen 9 4) Dino Mahmutovic 11
 12 Centennial 45.88 48.35 1
 1) Lance Liu 9 2) Philippe Shelton 11
 3) Nicholas Eichelberger 9 4) Yaach Chuol 12
 13 Anoka 46.78 48.68 1
 1) Tristan George 9 2) Zachary Moser 12
 3) Sean Aiken 9 4) Karim Kondor 9
 14 Columbia Heights 48.99 48.96 1
 1) Amil Clark 10 2) Jonathan Dereje 10
 3) Omarion Richmond 10 4) David Berry IV 12
 15 Rogers 49.17 51.37 1
 1) Grant Goodrich 12 2) Evan Teigen 12
 3) Ryan Block 10 4) Tanner Weis 10
 -- Mounds View 44.51 DQ 2 Exchagne 3-4
 1) Bobby Moua 11 2) Colby Flanagan 12
 3) Ryan Hill 11 4) Emmanuel Danso 11

Boys 4x200 Meter Relay

=====
 Meet: M 1:28.13 5/30/2014 Park Center, Park Center
 E Thompson, R Jackson, M Williams, A Buirge
 Facility: F 1:26.37 6/9/2018 Hopkins, Hopkins
 J Cahmpion, K Allah, S Leervig, J Fahnbulleh
 1:29.50 QUAL
 School Seed Finals H# Points
 =====

1 Blaine 1:30.89 1:29.90 2 12
 1) Cade Downey 10 2) Alex Peters 12
 3) Brett Ringer 10 4) Brian Obwogi 9
 2 Park Center 1:29.79 1:30.21 2 10
 1) Christopher Frazier 9 2) Emmanuel Tamba 12
 3) Bill Pouyo 12 4) Dominic Feess 12
 3 Mounds View 1:29.08 1:31.61 2 8
 1) Bobby Moua 11 2) Emmanuel Danso 11
 3) Josh Albers 12 4) John Montgomery 11

- 4 Coon Rapids 1:32.12 1:31.64 2 6
 1) Spencer De Souza 12 2) Shakiran Williams 11
 3) Abdisa Koji 12 4) Kekoura Tarnue 11
 5 Champlin Park 1:32.58 1:31.94 2 5
 1) Michael Shipman 10 2) David Myles 10
 3) Varney Conneh 12 4) Kevin Arthur 12
 6 Spring Lk Pk/St. Anthony Villa 1:35.04 1:32.05 1 4
 1) Ted Rogers 12 2) Gavin Spencer 12
 3) Nolan Tuomi 10 4) Adam Clausen 11
 7 St. Michael-Albertville 1:32.73 1:32.59 2 3
 1) Thomas Litwiller 11 2) Ben Fiedler 11
 3) Ben Huberty 10 4) Brandon Langdok 11
 8 Centennial 1:35.03 1:32.65 2 2
 1) Yaach Chuol 12 2) Surra Birru 11
 3) Adam Namyst 12 4) Landen Liu 9
 9 Osseo 1:34.25 1:35.12 2 1
 1) Omaru Jalloh 9 2) Martin Zayzay 11
 3) Malcolm Randolph 9 4) Tim Kamara 11
 10 Maple Grove 1:35.32 1:35.49 1
 1) Zach Williams 12 2) Cole Banovetz 12
 3) Daniel Baltas 10 4) Spencer Wherry 11
 11 Irondale 1:36.35 1:35.87 1
 1) Nick Ramsay 10 2) Jake Lawrence 11
 3) Mike Thomas 11 4) Daniel Larson 11
 12 Anoka 1:36.78 1:36.08 1
 1) Logan Blesi 10 2) Tristan George 9
 3) Zachary Moser 12 4) Justin Mishler 10
 13 Fridley 1:32.70 1:37.38 2
 1) Sebastian Kardor 11 2) Michael Ude 10
 3) Christopher Castillo 11 4) Shah Hasan 11
 14 Rogers 1:43.26 1:42.12 1
 1) Anthony Pratt 11 2) Grant Goodrich 12
 3) Ryan Block 10 4) Tanner Weis 10
 15 Columbia Heights 1:44.67 1:42.52 1
 1) David Berry IV 12 2) Griffin Hogg 9
 3) Omarion Richmond 10 4) Amil Clark 10

Boys 4x400 Meter Relay

=====

Meet: M 3:21.11 6/1/2018 Mounds View, Mounds View
 M Smith, J Herbert, J Sampson, J Smith
 Facility: F 3:16.69 6/11/2011 Stillwater Area, Stillwater Area
 M Day, N Ricci, M Davis, N Goff
 3:24.21 QUAL
 School Seed Finals H# Points

=====

- 1 Mounds View 3:26.45 3:25.45 2 12
 1) Joshua Thomsen 10 2) Lukas Hessini 12
 3) Austin Streit 12 4) Josh Sampson 12
 2 Blaine 3:28.56 3:27.40 2 10
 1) Brett Ringer 10 2) David Obwaya 12
 3) Peyton Downey 12 4) Alex Peters 12
 3 Osseo 3:31.26 3:28.62 2 8
 1) Mackinon Mokoro 11 2) Rufus Summerville 12
 3) Joshua Massaquoi 10 4) Collins Mokuah 11
 4 St. Michael-Albertville 3:29.06 3:31.82 2 6
 1) Jonah Breuer 12 2) Ben Lefebvre 10
 3) Ben Fiedler 11 4) Brandon Langdok 11
 5 Maple Grove 3:32.39 3:32.06 2 5
 1) Huxley Nyabwari 11 2) Gavin Peterson 11
 3) Benjamin Pettingell 11 4) Alexander Ostaffe 12
 6 Park Center 3:33.94 3:35.39 2 4

- 1) Omavi Slaughter 12 2) Bill Pouyo 12
- 3) Dominique Drake 11 4) Austin Ayobamidele 9
- 7 Fridley 3:48.50 3:35.41 1 3
- 1) Christopher Castillo 11 2) Brent Balla 11
- 3) Graham Hogle 12 4) Tony Towns 10
- 8 Coon Rapids 3:34.54 3:38.86 2 2
- 1) Levi Taylor 12 2) Stephen Menday 12
- 3) Abdisa Koji 12 4) Wilbur Zannah 12
- 9 Spring Lk Pk/St. Anthony Villa 3:38.42 3:39.20 1 1
- 1) Gavin Spencer 12 2) Brendan Smith 10
- 3) Surra Wirtu 12 4) Francis Chepsiror 10
- 10 Anoka 3:35.00 3:39.68 2
- 1) Karim Kondor 9 2) Christian Mirabal 11
- 3) Blake Fuller 10 4) Sebastian Fernandez 11
- 11 Irondale 3:37.11 3:40.26 2
- 1) David Fluth 11 2) Jake Lawrence 11
- 3) Carlos Momsen 11 4) Felix Ongera 9
- 12 Rogers 3:37.74 3:42.04 1
- 1) Eathan Betzler 12 2) Thomas Glad 11
- 3) Ethan Anderson 12 4) Jacob Dirshel 12
- 13 Champlin Park 3:39.02 3:46.13 1
- 1) Theo Gbawo 10 2) Haven Eliason 12
- 3) Lucas Brue 11 4) Ty Schneider 12
- 14 Centennial 3:40.51 3:51.56 1
- 1) Tanner Adams 12 2) Ryley McClurg 10
- 3) Ryan Gramse 11 4) Garrett Abou-Zeid 12
- 15 Columbia Heights 3:59.27 4:07.06 1
- 1) Chase Oates 9 2) Jonathan Heveron 9
- 3) Griffin Hogg 9 4) Ben Olson 9

Boys 4x800 Meter Relay

=====

Meet: M 7:56.56 2010 Blaine, Blaine
 T Davenport, A Woetzel, M Nurie, D Kremer
 Facility: F 7:44.56 2016 Hopkins, Hopkins
 H Staack, S Branson, J Henschel, S Eliason
 7:58.85 QUAL
 School Seed Finals Points

- =====
- 1 St. Michael-Albertville 8:08.87 8:00.78 12
 - 1) Carter Knaus 12 2) Thomas Ruhland 12
 - 3) Colten Gustafson 10 4) Jonah Breuer 12
 - 2 Anoka 8:19.63 8:01.46 10
 - 1) Sebastian Fernandez 11 2) Aaron Taylor 12
 - 3) Blake Fuller 10 4) Bruce Muehlhauser 12
 - 3 Maple Grove 8:26.33 8:05.28 8
 - 1) Gavin Peterson 11 2) Benjamin Pettingell 11
 - 3) Charles Caven 11 4) Alexander Ostaffe 12
 - 4 Mounds View 7:59.28 8:10.82 6
 - 1) Ellis Maloney 10 2) Will Sacay 11
 - 3) Nehemiah Gaim 12 4) Matt Miller 10
 - 5 Blaine 8:20.53 8:21.86 5
 - 1) Tyler Anderson 11 2) Nicholas Jacobson 12
 - 3) Nathan Smith 11 4) Ryan Schweiger 9
 - 6 Champlin Park 8:45.86 8:36.27 4
 - 1) Ty Schneider 12 2) Mark Scheller 11
 - 3) Daniel Kloepfner 12 4) Joseph Eisenberg 11
 - 7 Irondale 8:42.84 8:36.76 3
 - 1) Kalid Danko 9 2) Friedrich Doku 11
 - 3) Carlos Momsen 11 4) Felix Ongera 9
 - 8 Spring Lk Pk/St. Anthony Villa 8:41.21 8:37.58 2
 - 1) Brendan Smith 10 2) Ayub Abdirazak 9

3) Henry Brooks 10 4) Don Pham 10
 9 Centennial 8:53.41 8:53.71 1
 1) Carsen Johnson 11 2) Jonathan Pattie 9
 3) Darren Weisser 11 4) Logan Thoreson 12
 10 Coon Rapids 8:59.05 8:57.26
 1) Andre Kemboi 10 2) Nicholas Jorgenson 12
 3) Sir Richard Lafaka 12 4) Noah Christiansen 11
 11 Fridley 8:57.95 9:03.38
 1) Michael Yocum 12 2) Graham Hoglund 12
 3) Rodolfo Pincon 9 4) Bryant Howard 11
 12 Rogers 8:49.44 9:04.80
 1) Jacob Dirshel 12 2) Joseph Clauson 11
 3) Adam Paris 11 4) Adam Gunderson 11
 13 Osseo 9:00.46 9:05.79
 1) Elias, Peterson 11 2) Gabriel Benton 11
 3) Seyon Wallo 11 4) Andy Witters 11
 14 Park Center 9:26.31 9:24.72
 1) Cameron Granner 11 2) Francis Peters 10
 3) Lawrence Skagen 11 4) Angel Cuate 10
 -- Columbia Heights 9:45.26 DQ Scratch Rule
 1) Adrian Hemmick 10 2) Damon Spearmon 8
 3) Fuad Hassan 10 4) Chase Oates 9

Boys High Jump

Meet: M 6-10.50 1995 Marcus Westberry, Mpls Washburn

Facility: 6-11 2011 Trevor Yedoni, Benilde-St M

6-04.00 QUAL

Name Year School Seed Finals Points

1 Levi Yeebahn 10 Anoka 6-05.00 QUAL 12
 2 Micah Madyun 12 Anoka 6-02.00 6-04.00 QUAL 10
 3 Romeo Sackie 11 Mounds View 6-00.00 6-02.00 8
 4 Isaac Johnson 11 Coon Rapids 6-00.00 6-02.00 6
 5 Jesse Sills 11 Spring Lk Pk/St. 6-04.00 6-02.00 4.50
 5 Elijah Barlue 12 Osseo 6-00.00 6-02.00 4.50
 7 Luke Raymon 11 Maple Grove 6-00.00 6-02.00 3
 8 Brandon Wittig 12 Blaine 6-02.00 6-00.00 1.50
 8 Anthony Getuba 11 Anoka 6-01.00 6-00.00 1.50
 10 Steven Arrell 11 Osseo 5-10.00 6-00.00
 11 Terell Davis 10 Fridley 5-08.00 5-10.00
 12 Knowledge Johnson 11 Osseo 5-10.00 5-10.00
 12 Levi Taylor 12 Coon Rapids 6-02.00 5-10.00
 14 Matt Kallestad 12 Blaine 5-08.00 5-08.00
 15 Kunbon Huber 10 Champlin Park 5-10.00 5-08.00
 16 Michael Braun 11 Rogers 5-09.00 5-08.00
 17 Julius Reynolds 11 Blaine 5-08.00 5-06.00
 17 Ahmed Farah 11 Park Center 5-06.00 5-06.00
 19 Cole Dahlheimer 10 St. Michael-Albe 5-06.00 5-06.00
 19 James Booker 11 Park Center 5-04.00 5-06.00
 19 Daniel Gruess 9 Maple Grove 5-04.00 5-06.00
 22 John Montgomery 11 Mounds View 6-00.00 5-06.00
 22 Maurice McCarter 11 Fridley 5-06.00 5-06.00
 -- Peter Norby 9 Maple Grove 5-03.00 NH
 -- Anthony Pratt 11 Rogers 5-00.00 NH
 -- Christopher King 12 Park Center 5-04.00 NH
 -- Ben Olson 9 Columbia Heights 5-06.00 NH
 -- Kyle Kucera 12 St. Michael-Albe 5-08.00 NH
 -- Shakiran Williams 11 Coon Rapids 5-06.00 NH
 -- Joshua Abedu-Bents 10 Totino-Grace 5-10.00 DQ Scratch Rule
 -- Elijah Anderson 9 Mounds View 6-00.00 DNS
 -- Mathias Wheeler 8 Columbia Heights SCR

- Samuel Payne 11 Champlin Park 5-06.00 SCR
- Tyrique Givance 10 Champlin Park 5-08.00 SCR

Boys Pole Vault

Meet: M 15-00 5/30/2012 Jagger Gran, Mounds View
 Facility: F 15-08 6/7/2015 Benjamin Ose, Eden Prairie
 Facility: F 15-08 4/27/2018 Calvin Ciganik, Mounds View
 13-08.00 QUAL

Name Year School Seed Finals Points

1	Kyle Kucera	12 St. Michael-Albe	13-00.00	13-06.00	12
2	Nicholas Eicher	11 St. Michael-Albe	13-06.00	13-02.00	10
3	Alex Hoglund	11 Centennial	12-06.00	12-11.00	8
4	Andreas Groebner	10 Spring Lk Pk/St.	12-00.00	12-02.00	6
5	Daunte Williams	12 Fridley	11-00.00	12-02.00	4.50
5	Carter Benson	12 Centennial	11-06.00	12-02.00	4.50
7	Sam Magnuson	10 Mounds View	13-00.00	11-08.00	3
8	Grant Allen	11 Blaine	12-00.00	11-08.00	2
9	Sean Marks	12 Coon Rapids	12-00.00	11-08.00	1
10	Tenzin Gyaltzen	11 Spring Lk Pk/St.	11-00.00	11-08.00	
10	Evan Pearson	12 Irondale	10-06.00	11-08.00	
12	Gian Del Fratte	11 Coon Rapids	12-00.00	11-08.00	
13	Joe Gallagher	12 St. Michael-Albe	11-00.00	10-08.00	
13	Liam Edgar	11 Mounds View	10-06.00	10-08.00	
13	Gideon Heroux	11 Maple Grove	10-06.00	10-08.00	
13	Kevin Nelson	12 Mounds View	10-06.00	10-08.00	
13	Jake Lawrence	11 Irondale	12-00.00	10-08.00	
13	Cody Krohnberg	10 Blaine	12-06.00	10-08.00	
13	Ben Urbaniak	11 Anoka	11-00.00	10-08.00	
20	Kunbon Huber	10 Champlin Park	9-00.00	10-08.00	
20	Graham Hoglund	12 Fridley	11-06.00	10-08.00	
22	Eathan Betzler	12 Rogers	11-06.00	10-08.00	
--	Cameron Granner	11 Park Center	9-00.00	NH	
--	Anthony Pratt	11 Rogers	9-00.00	NH	
--	Tyler Vu	10 Osseo	9-00.00	NH	
--	Joshua Reed	11 Park Center	8-06.00	NH	
--	Michael Hamel	12 Osseo	8-00.00	NH	
--	Nathan Kavanaugh	9 Coon Rapids	8-06.00	NH	
--	Aries Bueckers	9 Maple Grove	8-06.00	NH	
--	Joseph Ream	9 Maple Grove	10-00.00	NH	
--	Samuel Kohls	11 Osseo	10-00.00	NH	
--	Matt Novak	11 Blaine	11-00.00	NH	
--	Eoin Keran	12 Champlin Park	10-00.00	NH	
--	Eric Spaeth	10 Totino-Grace	10-00.00	NH	
--	Derek Severson	10 Fridley	9-00.00	NH	
--	Eli Smith	12 Rogers	10-00.00	NH	

Boys Long Jump

Meet: M 23-00.75 2009 Snonsio Boys-Weah, ParkCenter
 Facility: F 23-06.50 6/10/2006 BJ Otto, Hill Murray
 21-10.00 QUAL

Name Year School Seed Finals Wind H# Points

1	Edmund Ocansey	10 Champlin Park	22-04.00	22-11.00	QUAL	0.8	5	12
2	DJ Gurley	12 Blaine	21-02.00	21-04.75	+0.0	5	10	
3	Jack Roeber	11 Mounds View	21-10.75	20-11.75	2.4	5	8	
4	Michael Miller	12 Totino-Grace	20-06.00	20-07.50	0.9	4	6	
5	Darby Rajala	11 Blaine	21-01.00	20-07.25	0.4	5	5	
6	Brandon Wittig	12 Blaine	21-00.50	20-07.00	1.6	5	4	
7	Dominique Drake	11 Park Center	20-05.75	20-04.25	+0.0	4	3	

8 Yaach Chuol 12 Centennial 19-09.00 20-02.00 +0.0 4 2
 9 Joel Alexander 12 Spring Lk Pk/St. 19-04.50 19-11.75 1.8 3 1
 10 Jesse Sills 11 Spring Lk Pk/St. 20-10.50 19-11.50 1.0 5
 11 Spencer Wherry 11 Maple Grove 19-09.00 19-09.00 1.2 4
 12 Micah Madyun 12 Anoka 19-07.50 19-08.25 2.3 4
 13 John Montgomery 11 Mounds View 20-08.75 19-08.00 +0.0 5
 14 Noah Turnquist 12 Mounds View 20-07.00 19-05.75 0.4 5
 15 William Dampier 11 Champlin Park 19-02.00 19-05.50 0.4 2
 15 Michael Olowo 10 Rogers 19-05.00 19-05.50 2.2 3
 17 Gavin Spencer 12 Spring Lk Pk/St. 19-08.75 19-03.00 1.1 4
 18 Rashaun Simmons 12 St. Michael-Albe 19-06.00 19-01.25 1.3 3
 19 Dino Mahmutovic 11 Irondale 19-07.00 18-11.25 2.4 3
 20 Ben Huberty 10 St. Michael-Albe 19-06.00 18-08.25 1.6 3
 21 Anthony Getuba 11 Anoka 19-08.00 18-07.25 0.9 4
 22 Surra Birru 11 Centennial 19-05.00 18-07.00 0.7 3
 23 Jackson Heckt 12 Anoka 18-11.00 18-06.75 +0.0 2
 24 Christopher King 12 Park Center 18-09.00 18-04.00 +0.0 2
 25 Shakiran Williams 11 Coon Rapids 20-06.25 18-03.00 1.4 4
 25 Colin Chapman 12 Rogers 19-05.50 18-03.00 0.8 3
 27 Omaru Jalloh 9 Osseo 16-00.00 18-02.75 1.1 1
 28 Johnston Freeman 12 Champlin Park 18-09.00 18-02.25 +0.0 2
 29 Joshua Nguyen 11 Maple Grove 19-01.00 17-10.25 2.5 2
 30 Evan Pearson 12 Irondale 18-09.75 17-08.75 1.0 2
 31 Tim Kamara 11 Osseo 19-04.50 17-06.25 +0.0 3
 32 Zach Simon 9 Coon Rapids 17-10.00 17-04.75 1.1 1
 33 Sean Collins 10 Totino-Grace 16-07.25 17-02.50 1.7 1
 34 Benjamin Pettingel 11 Maple Grove 19-04.00 16-10.50 +0.0 2
 35 Romero Henry 9 Osseo 16-07.00 16-09.50 +0.0 1
 36 Michael Ude 10 Fridley 17-06.00 16-08.75 1.5 1
 37 Andre Bradford 10 Totino-Grace 17-11.00 15-10.50 0.2 1
 38 Adrian Hemmick 10 Columbia Heights 14-05.00 14-01.50 2.0 1
 -- Carlson Payne 11 Park Center 19-02.00 FOUL 2
 -- Abdisa Koji 12 Coon Rapids 20-02.00 FOUL 4
 -- Michael Braun 11 Rogers 19-04.25 FOUL 3
 -- Gus Toby 12 Fridley 18-04.00 DQ NWI 2 Scratch Rule
 -- Ki'Lyn Napier 12 Fridley 14-06.00 DNS NWI 1
 -- David Collins 10 St. Michael-Albe 21-00.50 SCR NWI
 -- Samuel Munson 11 Centennial 17-09.25 SCR NWI

Boys Triple Jump

=====
 Meet: M 46-08 1995 Marcus Westberry, Mpls Washburn
 Facility: F 50-03.25 2011 Michael Sandle, Eden Prairie
 44-05.00 QUAL
 Name Year School Seed Finals Wind H# Points
 =====

1 Edmund Ocansey 10 Champlin Park 46-08.00 45-04.25 QUAL +0.0 5 12
 2 Jack Roeber 11 Mounds View 44-06.00 45-04.25 QUAL NWI 5 10
 3 DJ Gurley 12 Blaine 44-10.25 44-11.00 QUAL 0.7 5 8
 4 Elijah Barlue 12 Osseo 41-08.00 44-04.00 +0.0 4 6
 5 Jackson Heckt 12 Anoka 42-08.00 44-01.50 NWI 5 5
 6 Darby Rajala 11 Blaine 43-00.00 43-04.00 1.2 5 4
 7 Geoffrey Ikhimioya 12 Maple Grove 40-11.00 43-01.00 +0.0 4 3
 8 Brandon Wittig 12 Blaine 43-04.50 41-09.50 +0.0 5 2
 9 Carlson Payne 11 Park Center 40-10.50 41-08.00 1.4 4 1
 10 Kekoura Tarnue 11 Coon Rapids 42-02.00 41-03.50 0.7 5
 11 Isaac Frauendienst 12 St. Michael-Albe 39-10.25 40-06.75 1.9 4
 12 Noah Turnquist 12 Mounds View 41-00.00 40-05.75 0.6 4
 13 Anthony Getuba 11 Anoka 41-08.50 40-04.00 1.3 4
 14 Mike Thomas 11 Irondale 37-00.50 40-00.25 0.9 2
 15 Ahmed Farah 11 Park Center 39-03.00 39-09.50 2.4 3
 16 James Carothers 9 Osseo 38-10.00 39-08.25 0.2 3

17 Sebit Emmanuel 11 Park Center 37-00.50 39-03.00 0.8 2
 18 Devan Thompson 12 Anoka 41-10.50 39-01.50 0.7 4
 19 Adam Namyst 12 Centennial 37-10.75 39-01.00 0.7 2
 20 Maurice McCarter 11 Fridley 39-08.00 38-10.25 1.6 4
 21 Joel Alexander 12 Spring Lk Pk/St. 39-00.00 38-09.00 1.0 3
 22 Adam Clausen 11 Spring Lk Pk/St. 38-01.00 38-00.00 1.6 3
 22 Gavin Fredrichs 11 St. Michael-Albe 38-06.50 38-00.00 1.8 3
 24 Ben Olson 9 Columbia Heights 37-00.00 37-06.00 2.0 2
 25 Stephen Menday 12 Coon Rapids 38-01.50 37-01.50 1.5 3
 26 Chase Oates 9 Columbia Heights 35-09.00 37-00.50 0.5 1
 27 Andrew Houfek 12 Irondale 36-05.75 36-07.00 1.8 2
 28 Michael Braun 11 Rogers 39-04.00 36-03.00 0.4 3
 29 Deezwin Cooper 10 Totino-Grace 36-00.00 36-00.00 0.4 1
 30 Jared Heida 11 Coon Rapids 36-06.00 35-11.25 1.0 2
 31 Colin Chapman 12 Rogers 36-09.75 35-10.75 0.6 2
 32 Jay Vang 12 Champlin Park 35-01.50 35-10.50 2.3 1
 33 Brahima Ann 11 Maple Grove 38-08.75 35-08.00 0.7 3
 34 Gavin LaMott 12 Champlin Park 38-01.00 35-05.75 0.4 3
 35 Ryley McClurg 10 Centennial 35-10.00 35-03.00 1.9 1
 36 Samuel Kohls 11 Osseo 36-03.00 34-07.00 0.7 1
 37 Grant Goodrich 12 Rogers 34-02.00 32-11.50 0.5 1
 -- Romeo Sackie 11 Mounds View 43-09.75 FOUL 5
 -- Jackson Deisting 10 Totino-Grace 36-00.00 FOUL 1
 -- Gus Toby 12 Fridley 40-05.00 DQ 0.7 4 Scratch Rule
 -- Samuel Munson 11 Centennial 37-08.00 DQ 0.4 2 Scratch Rule
 -- Ryan Bottema 9 Maple Grove 37-01.00 SCR NWI 2
 -- David Collins 10 St. Michael-Albe 42-06.25 SCR NWI

Boys Shot Put

=====
 Meet: M 58-11 1978 Tim Biegert, Osseo
 Facility: F 65-04.25 6/8/2012 Thomas Anderson, Andover
 54-10.00 QUAL
 Name Year School Seed Finals H# Points
 =====

1 Jakob Bradford 12 Park Center 51-11.00 51-03.00 5 12
 2 Josh Beinke 12 Blaine 49-07.00 49-05.25 5 10
 3 Jordan Nolan 11 Coon Rapids 48-00.25 49-04.50 5 8
 4 Lucas Becker 12 Blaine 51-00.00 49-01.75 5 6
 5 Malik Yankaway 12 Blaine 49-01.50 48-10.75 5 5
 6 TJ Duerr 12 St. Michael-Albe 48-03.00 47-11.50 5 4
 7 Noah Presseller 12 Totino-Grace 47-05.50 47-05.00 5 3
 8 William Ketola 10 Mounds View 43-07.00 45-09.00 4 2
 9 Ethan Collins 11 Irondale 46-07.25 43-07.75 5 1
 10 Jaimen Coft 12 Champlin Park 43-08.00 43-04.50 4
 11 Joel Johnson 12 Maple Grove 43-01.00 41-11.50 4
 12 Ethan Rice 12 St. Michael-Albe 45-05.50 41-08.75 4
 13 Martin Jennings 11 Coon Rapids 42-03.50 41-03.00 4
 14 Tyler Nebelung 10 Anoka 40-00.00 41-01.50 3
 15 Cheick Kaba 10 Fridley 41-03.00 41-00.25 3
 16 Jake Vogel 12 Mounds View 41-09.00 40-11.00 4
 17 Thomas Van Oort 11 Mounds View 42-08.50 40-08.25 4
 18 Charlie Folkens 10 Rogers 43-11.00 40-07.50 4
 19 Cole Fenstermacher 12 Centennial 41-04.00 40-05.75 3
 20 Cole Fosslund 10 Coon Rapids 39-06.00 39-06.00 3
 21 Michael Heurung 10 Totino-Grace 39-01.25 38-09.50 3
 22 Jackson Deisting 10 Totino-Grace 35-05.50 38-06.75 2
 23 Knowledge Johnson 11 Osseo 38-08.50 38-05.25 3
 24 Dominick Zahner 10 Rogers 38-01.00 38-05.00 3
 25 Jacob Ward 11 Spring Lk Pk/St. 39-11.00 38-04.00 3
 26 Brendan Seaver 12 St. Michael-Albe 41-09.00 38-01.50 3
 27 Daniel Larson 11 Irondale 37-07.00 37-11.75 2

28 Davion Mitchell- C 10 Fridley 35-10.00 37-10.00 2
 29 Joshua Franklin 10 Fridley 37-04.25 37-01.50 2
 30 Philippe Shelton 11 Centennial 36-06.50 36-06.25 2
 31 Mitchell Jones 11 Anoka 38-06.00 35-08.75 3
 32 Christopher Timahl 12 Park Center 36-02.00 35-00.25 2
 33 Maxwell Hammons 10 Osseo 36-01.25 34-09.75 2
 34 Kristian Richardso 11 Anoka 37-00.00 34-07.50 2
 35 Brahma Ann 11 Maple Grove 34-04.75 34-06.00 1
 36 Logan Schultz 11 Maple Grove 35-02.00 34-04.25 2
 37 Adam Adeboye 9 Park Center 34-00.00 33-06.75 1
 38 Calvin Harris 11 Osseo 32-08.00 31-08.50 1
 39 Jonas Breuning 9 Centennial 34-03.00 30-11.50 1
 40 Jeremiah Taris-Pie 8 Columbia Heights 24-01.75 24-02.75 1
 41 Connor Murphy 8 Columbia Heights 20-11.00 20-07.25 1
 -- Terrell Ighodalo 12 Champlin Park 50-09.00 DQ 5 Scratch Rule
 -- Obinna Evuleocha 11 Champlin Park 50-03.00 DQ 5 Scratch Rule
 -- McKade Poirier 12 Rogers 37-11.50 DQ 2 Scratch Rule
 -- Maxwell Horn 11 Spring Lk Pk/St. 42-02.00 SCR
 -- Eric Amundson 11 Spring Lk Pk/St. 41-09.00 SCR

Boys Discus Throw

=====
 Meet: M 179-11 2015 Terrance Howard, Park Center
 Facility: F 194-06 6/10/2017 Jake Kubiatawicz, North St. Paul
 157-07 QUAL

Name Year School Seed Finals H# Points

=====
 1 Lucas Becker 12 Blaine 179-07 164-11.00 QUAL 5 12
 2 Isaiah Giles 11 Blaine 154-06 162-08.00 QUAL 5 10
 3 Santino Stephens 12 Champlin Park 143-10 153-08.00 5 8
 4 Jakob Bradford 12 Park Center 147-09 151-05.00 5 6
 5 Elliot Lee 11 Mounds View 139-10 147-05.00 5 5
 6 William Fredrickso 10 Blaine 151-07 145-11.00 5 4
 7 TJ Duerr 12 St. Michael-Albe 134-00 128-09.00 5 3
 8 Steven Huberty 12 St. Michael-Albe 127-04 128-00.00 4 2
 9 Chance Alexander 11 Coon Rapids 131-02 124-04.00 5 1
 10 Ethan Collins 11 Irondale 126-09 124-03.00 4
 11 Hunter Tanem 12 Coon Rapids 126-06 123-09.00 4
 12 Ben McNaboe 12 Rogers 122-01 122-02.00 4
 13 Thomas Van Oort 11 Mounds View 123-03 121-01.00 4
 14 Ethan Rice 12 St. Michael-Albe 113-07 118-05.00 3
 15 Knowledge Johnson 11 Osseo 125-04 116-09.00 4
 16 Tyler Nebelung 10 Anoka 122-00 110-09.00 4
 17 Noah Presseller 12 Totino-Grace 102-00 108-04.00 2
 18 Jaylan Lomax 11 Mounds View 121-00 106-05.00 3
 19 Ethan Tedrow 10 Coon Rapids 118-08 106-04.00 3
 20 Logan Schultz 11 Maple Grove 99-11 100-10.00 2
 21 Kaleb Skelly 10 Spring Lk Pk/St. 108-07 97-06.00 3
 22 Calvin Harris 11 Osseo 107-06 96-04.00 3
 23 Mitchell Jones 11 Anoka 93-00 95-08.00 1
 24 Maxwell Hammons 10 Osseo 103-03 94-02.00 2
 25 Charles Baker 9 Totino-Grace 93-04 93-01.00 2
 26 Charlie Folkens 10 Rogers 108-09 91-03.00 3
 27 Brahma Ann 11 Maple Grove 98-11 90-08.00 2
 28 Joel Johnson 12 Maple Grove 107-11 89-06.00 3
 29 Davion Mitchell- C 10 Fridley 79-11 88-11.00 1
 30 Zachary Flaschberg 12 Centennial 98-10 87-02.00 2
 31 Christopher Timahl 12 Park Center 92-10 84-10.00 1
 32 Michael Burton 12 Anoka 102-00 81-05.00 2
 33 Michael Heurung 10 Totino-Grace 90-03 80-00.00 1
 34 Joshua Franklin 10 Fridley 81-06 79-03.00 1
 35 Casey Holmes 11 Centennial 89-10 76-03.00 1

36 Francisco Garcia 11 Fridley 79-06 69-08.00 1
37 Jeremiah Taris-Pie 8 Columbia Heights 62-09 60-03.00 1
38 Connor Murphy 8 Columbia Heights 58-06 37-10.00 1
-- Adam Adeboye 9 Park Center 116-09 FOUL 3
-- Terrell Ighodalo 12 Champlin Park 131-09 DQ 5 Scratch Rule
-- Obinna Evuleocha 11 Champlin Park 122-02 DQ 4 Scratch Rule
-- Michael Munson 12 Centennial 96-01 SCR 2
-- McKade Poirier 12 Rogers 109-06 SCR
-- Eric Amundson 11 Spring Lk Pk/St. 122-00 SCR
-- Alex Ullman 8 Spring Lk Pk/St. 102-08 SCR